

# UPDATE FOR OUR FEMALE HRT NON-PELLET MEMBERS



**PRESTIGE**  
Regenerative  
Medicine

USP is an independent, scientific nonprofit organization focused on building trust in the supply of safe, quality medicines. USP regulates the compounding process for pharmacies such as APS Pharmacy, the primary vendor we recommend for injectable testosterone.



## USP Changes:

- Testosterone for women can only be administered in single 1 mL vials, a 28 day supply (previously multiple vials could be ordered)
- The published shelf life of compounded testosterone is now 60 days (previously 180 days)
- Compounded testosterone being shipped to California must undergo additional screening due to state regulations, which takes 17 days
- This means that after APS creates a batch of compounded testosterone, the batch now expires 43 days after the extended testing is completed

**AS A RESULT:** Patients using APS for compounded testosterone need to request refills **fourteen (14) days** before the new prescription is needed to ensure no lapse in treatment.

## Expected Monthly Costs:

\$37 - Cost for 28 day testosterone prescription from APS

\$12 - APS Shipping Fee

\$95 - PRM Non-Pellet HRT Membership Fee

Total Monthly Cost: \$144

## Alternative HRT Options:

Bio-identical Hormone Pellet Therapy - \$425 - Lasts for 3 months (\$141.67 per month).

Please contact us if you would like to switch your treatment method to Pellet Therapy.

We are actively searching for additional local and online sources for injectable testosterone for our female patients. As we identify these options, we will keep you informed.

## Contact Us for More Info:



530-395-0505